

What community services do Keyworker's provide?

Positive involvement with the community promotes prevention, awareness and assists in overcoming myths and misconceptions about FASD/CDBC. Therefore, the Keyworker will be involved with the community in four ways:

- Community Awareness Events
- Community and Family Training/ Education
- Support Groups for families
- Networking and collaboration with community service providers

Sources Community Resource Society

...is a community-based non-profit agency. We are fully accredited by the Council on Accreditation for Children and Family Services. We have been a source of support to individuals and families coping with isolation, addiction, poverty, disability, and conflict for well over a quarter of a century. We have been a source of help, a source of encouragement, and a source of hope. We have continually expanded our services to respond to the needs of children, youth and families, persons with disabilities, and seniors. We now serve individuals and families that reside throughout the Lower Mainland and Northern BC.

Our commitment remains the same - to be a source of support to you - to promote social wellness for our community.

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sources

KEYWORKER PROGRAM

NORTH PEACE,

BC

What is CDDBC?

Complex Developmental Behavioural Conditions (CDDBC) is a term used to describe a group of conditions that affect a child's functioning, mental health, development, learning, social skills and behaviour. CDDBC commonly includes Fetal Alcohol Spectrum Disorder, Attention Deficit/Hyperactivity Disorder, and other Developmental Delays.

Fetal Alcohol Spectrum Disorder (FASD) refers to a variety of permanent disabilities caused by prenatal exposure to alcohol. Alcohol freely crosses the placenta and can affect the baby at any point during pre-natal development. As a result, a child exposed to alcohol during pregnancy may have difficulty in social, cognitive, emotional (behavioural), and physical development.

Attention Deficit/Hyperactivity Disorder (ADD/ADHD) is a developmental condition characterised by inattention (i.e. difficulty paying attention, listening, following instructions, and organizing) and is often accompanied with hyperactivity (i.e. frequent fidgeting, moving, interrupting and talking, and difficulty waiting and remaining still for periods of time). This inattention and hyperactivity interfere with the child's development and functioning.

Who is eligible for the Keyworker Program?

The Keyworker program provides service to families with children/youth (ages 0-18 years) with a

diagnosis or suspected diagnosis of FASD or another CDDBC.

How can a child or youth be referred to the Keyworker Program?

Referrals to this program may come from self, MCFD, doctors, schools, and other community based agencies. Each family must complete the referral form and consent form, and then these forms must be submitted to the FASD Keyworker. Referrals can be sent in via mail, e-mail, fax or in person.

What does the Keyworker program offer me?

The Keyworker Program provides individual and community based services in Fort Saint John and Fort Nelson. The Keyworker Program will provide a specialized Keyworker to work directly with families. Depending on the needs of the family, the Keyworker may work with the family directly in their home/ community. The Keyworker provides evidence based Positive Behaviour Support to families with children with FASD/CDDBC who are experiencing challenging behaviour. Applied Behaviour Analysis (ABA) and Positive Behaviour Support (PBS) are the only approaches that are evidence based and have been shown to result in significant changes in challenging behaviour. The Keyworker will help caregivers:

- Access resources
- Learn skills
- Develop an ongoing network of support
- Use Positive Behaviour Support to address challenging behaviour.

What "in home" services do Keyworker's provide?

The Keyworker provides Family - Centred support services. The services provided to each family will be specified and tailored to the needs of each family.

Intake

Intake can be described as the process by which detailed information about the Keyworker program is shared. Orientation materials are provided including an orientation to the program, parent resources, and parent groups. The keyworker will also collect information on family demographics and previous services.

Assessment

After intake, the Keyworker will conduct assessments to identify the family's current needs and create a service plan. If the service plan includes addressing challenging behaviour, a Functional Behaviour Assessment will be conducted. All behaviour assessments are child and setting specific, and determine the child's areas of strength and needs, as well as what factors in the environment may be influencing the child's behaviour.

Family Support & Follow-Up

Once the service plan is complete, family support will begin. The FASD Keyworker will work with each caregiver to identify and access supports, provide training, or work with the family in their home to help them to learn and implement strategies from their service plan. Once families have established a sense of confidence and success in implementing the strategies from their service plan, the keyworker will continue to provide support however this will be on a follow up basis. Regularly scheduled check-ins with each family is essential to ensuring the intervention plans are successful, and also help identify any changes that may need to be made to the plan or areas of the plan that the family may need extra support with.