

## Service Delivery

Referrals are made by the Child and Youth Mental Health Clinicians or the Children and Youth with Special Needs Social Worker. The Child and Youth Worker will work collaboratively with the Clinician and/or Social worker to set or define goals for the client. The Clinician will be involved in case management of the client, receiving reports and updates regarding progress towards goals.

Service term will vary in length based on the assessed need from 6 to 9 months. The CYW and child/youth spend approximately 2-3 hours per week together working on goals. The details and timeframe of these goals will be established with the Clinician, the family, and the Child/Youth at the time of Intake.

The sessions are community focused, and the CYW can pick up and return the client to their home to attend planned activities within the community for the session. During sessions, the CYW will work directly with the child/youth to teach them new skills and increase their access to the community.

### Fort St. John, BC Office

**(250) 263-8766**

### Fort Nelson, BC Office

**(250) 321-1405**



**SOURCES**  
COMMUNITY RESOURCE CENTRES



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**Behaviour Intervention  
and Mental Health  
Services**

## ABOUT

The Sources Behaviour Intervention and Mental Health program a community based outreach service that offers one-on-one intervention to children and youth aged 6-18. Clients must be referred by either the Ministry of Child and Family Development Child and Youth Mental health services , or the Children and Youth with Special Needs services.

## Child and Youth Workers

The CYW support the client in engaging in positive and developmentally appropriate socialization, as well as supporting collaborative goals created with the CYMH Clinician and the family within a community setting by involving activity-based interventions that focus on skill-building. Some objectives may include:

- Connecting to natural supports in the community
- Skill-building (social skills, life skills, anger management, problem solving, self-regulation)
- Assist in gradual exposure for anxiety and depression
- Transition to Independent living
- Mentor and model positive behaviour
- Collaborate with schools, families, and other community supports

## Confidentiality

Client information is confidential. Your personal information is collected and used only to the extent that is necessary to provide service to you and to assess our services through the Continuous Quality Improvement (CQI) process and accreditation. File readers for CQI and accreditation are required to sign an oath of confidentiality.

Your written consent will be requested if information from your file is to be sent to someone else or if you or your family is to be observed, audio- or video-taped. You may request copies of written material sent to others. You may request an appointment to see your file through the Director of Organizational Development, who is responsible for Sources compliance with privacy legislation and protection of personal information.

## Clients Rights

You have the right:

1. To refuse any service, treatment or medication (unless mandated by law or court order) and to be informed about the consequences of such refusal;
2. To participate in decisions about the services provided to you;
3. To consistent enforcement of program rules and expectations;
4. To service that is non-coercive and free of discrimination;
5. To see your file (see “Confidentiality”);
6. To provide feedback about or request a review of the service you are receiving (see “Client Feedback”); and
7. To make a complaint about the service you are receiving (see “Complaint Procedure”)



## Sources Community Resource Society

...is a community-based non-profit agency. We are fully accredited by the Council on Accreditation for Children and Family Services. We have been a source of support to individuals and families coping with isolation, addiction, poverty, disability, and conflict for well over a century. We have been a source of help, a source of encouragement, and a source of hope. We have continually expanded our services to respond to the needs of children, youth and families, persons with disabilities, and seniors. We now serve individuals and families that reside throughout the Lower Mainland and Northern BC.

Our Commitment remains the same—to be a source of support to you—to promote social wellness for our community.