

Office use only:
 Active: Yes No File No: _____
 Internal: Yes No
 Services: _____



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REFERRAL FORM FOR MENTAL HEALTH & SOCIAL SERVICES

Please use one form for each person being referred for service

Date: _____ Referral Source: _____
 Person Referring: _____

Name of Person to be Served:		_____	_____
		Last Name	First Name
Address: _____		Postal Code: _____	
Date of Birth: _____	Gender: _____	Indigenous?	Yes No
(DD/MM/YYYY)			
Contact Information:	Self	Parent / Guardian	Caregiver
Contact Name:	_____		_____
Phone Numbers:	Home: _____	Work / Cell: _____	
Can a message be left here?	Yes No	Yes No	

Has Client, Parent / Guardian been informed of referral?	Yes	No
Is there a child 18 years old or under in the home?	Yes	No
Does the Ministry of Child and Family Development maintain an open file?	Yes	No Don't Know
If Yes – Name of Social Worker _____		
Does this referral pose any safety concerns toward our staff?	Yes	No
Other Resources / Agencies Involved?		
<u>Name</u>	<u>Position / Agency</u>	<u>Contact Information</u>
_____	_____	_____
_____	_____	_____

Please select service (see back of page for description)

Clinical Counselling Services (Youth 13-18 / Parents with Children 18 or under)

Family Counselling Services (Parents and Children 0-18)

Family Support Services (Parents and Children 0-18)

Family Visitation Supervision and Support Services (MCFD Referral Only)

Please list all children and ages:

Parent Teen Mediation Services (Parents and Youth 13-18)

PEACE Services (Children and Youth 3-18)

Sexual Abuse Intervention Services (Children and Youth 3-18)

Stopping The Violence Services (Women 19+)

Youth Outreach Services (Youth 13-18)

Reason for Referral (PLEASE COMPLETE):

Clinical Counselling Services

(Youth 13-18 /
Parents with Children 18 or under)

Provides clinical services to youth to strengthen mental wellness and to parents on personal issues impacting parenting (typical issues addressed in clinical counselling: anxiety, depression, emotional regulation, and trauma). Services provided to individuals and families.

Family Counselling Services

(Parents and Children 0-18)

Provides services to families to strengthen family relationships. Services focus on building skills in positive and effective communication, problem solving, and conflict resolution. Provides knowledge and skill-building in the areas of child / parent interaction, child development, discipline guidance, and behaviour management.

Family Support Services

(Parents and Children 0-18)

Using a hands-on parent education and skill building approach, services focus on supporting the development of positive relationships between parents and their children. Services are provided mainly in the homes of families (when appropriate).

Family Visitation Supervision and Support Services

(MCFD Referral Only)

MCFD referrals for families in need of supervised visitation and access.

Parent Teen Mediation Services

(Parents and Youth 13-18)

Provides impartial mediation to youth and parents, where there is conflict, to reduce the risk of out of home placement, or to assist in youth returning home.

PEACE Services

(Children and Youth 3-18)

Services to children and youth to address the impact of witnessing violence and abuse. Focusing on education, emotional skill building, safety, and prevention.

Sexual Abuse Intervention Services

(Children and Youth 3-18)

Trauma-informed treatment for children and adolescents who have been sexually abused or sexually assaulted. Treatment for children under 12 displaying sexual behavior issues.

Stopping the Violence Services

(Women 19+)

Counselling for women over the age of 19 who have experienced violence or abuse in relationships, child abuse or sexual assault. Focus is on stabilization and safety for women through addressing emotional, cognitive, and physical impacts of abuse and violence and making connections with resources to assist in healing.

Youth Outreach Services

(Youth 13-18)

Outreach services for youth focused on development of life skills, support with relationships, independence and transition planning and connection to resources in the community to encourage emotional, mental, and physical wellness.