

## **Intermission**

A REFLECTION ON OUR MISSION

Welcome to Spring and our latest edition of Sources newsletter - Resources Community News Update (Winter Issue).

The past few months have been very exciting for all of us. We broke our fundraising record for Coldest Night of the Year, coming up top across Canada. We were selected to implement the Foundry for South Surrey/White Rock. The Income Tax Volunteer Clinic was featured on CBC. And many more wins - thank you for your support.

Don't miss our upcoming events - See Page 08.

Happy reading!





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"The Foundry will be the Easy button for youth in South Surrey/White Rock."

GEORGE PASSMORE, EXECUTIVE DIRECTOR



# Growth From Within PROGRAM UPDATES



### **NEW FOUNDRY COMING TO SOUTH SURREY**

Sources in partnership with Alexandra Neighbourhood House will be leading the implementation of a new foundry in South Surrey. The centre will offer Primary Health Care, Mental Health, Substance Use Services, Social Services, Peer Support and more. The service will be available free for youth and their families.

#### **WELCOME NEW BOARD MEMBERS**

Ethan Martin - Director, Sources Community Resources Society Owner, Comfort Keepers Home Care

Nico Verrier - Director, Sources Community Resources Society Bank Manager at Scotiabank and Financial Advisor

Emily Kearns, Director, Sources Community Resources Society Principal, Ankenman Associates Architects Inc.

Dr. Linda Hensman - Director, Sources Foundation Assistant Governor, Rotary Club, White Rock/South Surrey

Stephen Dooley, Director, Sources Foundation Executive Director, SFU Surrey campus

### MID-ISLAND SEXUAL ASSAULT SERVICES (MISAS)

We launched a new website to provide resources on sexual violence and trauma. The program connects victims of sexual assault in Oceanside, Nanaimo and surrounding areas to support workers and clinical counselling services.



"Craig is known for his cheery disposition, a good story for any topic, and quirky 'Dad Jokes'. He was a 'mean Tarzan' in one of our many events.

# We appreciate you, Craig!"

CHRISTINE DIAMOND, COMMUNITY INCLUSION SERVICES

# VOLUNTEER APPRECIATION LIFE SKILLS ENRICHMENT CENTRE

Volunteer Name: Craig Harrington Year started at Sources: 2002

Volunteer position held: Life Skills Center Reception
Favourite Part of his volunteer position: "Interacting with
clients, staff, and visitors. Gives me purpose for my days and
community networking/social opportunities. I enjoyed
networking with the community to gather door prizes for past
Events Unlimited shows."

Favourite Colour: "Blue, any shade!"

Favourite Food: "Any! Well, not eggplant! Did I tell you my eggplant story?"

Most Memorable Vacation: "Hawaii, December 25th, 2003. Sitting on a beach in Maui eating the juiciest piece of pineapple, I was thinking, I wouldn't be doing this if I were in White Rock."





"One of the agencies where staff feels most supported."

"Staff with multiple roles within agency speaks to the longevity of their tenure here."

"Welcoming... very very calming."

PEER REVIEWERS,
COUNCIL ON
ACCREDITATION (COA)

### **REVIEW BY COUNCIL ON ACCREDITATION**

As part of maintaining our status as a Council on Accreditation certified organization, we recently had a review of our administrative functions and program delivery practices. The accreditation process helps us understand how our internal practices measure against international non-profit standards, enabling us to continually improve our services.



### **SOURCES DIRECTORS NOMINATED FOR AWARDS**

Carleen Pauliuk and Grace Chiu have been nominated for the YWCA Women of Distinction Awards 2024.





# Surrey Eagles Fan Appreciation Night for CNOY Walkers



### **COLDEST NIGHT OF THE YEAR 2024**

Sources Foundation, with support from the South Surrey/White Rock community, raised nearly \$280,000 - the highest amount among 190 locations in Canada.

CLICK TO WATCH EVENT HIGHLIGHTS.



### Spring Shredathon in Support of Food Bank

Semiahmoo's shredathon raised \$8,000 and collected 160 lbs of food for Sources Food Bank. THANK YOU to Surrey Firefighter volunteers, Semiahmoo Shopping Centre, First Capital and ShredWise for their continued support.





# Sip and Social at

Women's Place



### IN HER SHOES 2023 SPONSOR APPRECIATION

We had a social event to recognize the sponsors of our firstever charity fashion show IN HER SHOES raising over \$85,000 for Sources Women's Place.

Watch IN HER SHOES 2023 highlights.







### **Truth and Reconciliation**

OUR JOURNEYS, OUR STORIES

### **EMBRACING CULTURAL COMPETENCE: IT'S ALL ABOUT ATTITUDE!**

Cultural competence has long been viewed as primarily involved with receiving and integrating knowledge about other cultures. In the context of Indigenous relations, cultural competency training often emphasizes the historical and ongoing effects of colonialism on Indigenous peoples, which is crucial given the significance of such knowledge. However, recent research findings are shining a spotlight on a crucial but often overlooked aspect of cultural competence – attitude.

While developing knowledge about the culture, traditions, and histories of diverse communities is undeniably important, it's clear that the attitude we bring to the table is foundational to meaningful and sustained change.

Attitude encapsulates respect, curiosity, and an openness to learn from others. Indeed, it helps us recognize the "other" as an equal deserving of respect and worthy of understanding; it is the secret sauce of cultural competence!

In the journey toward truth and reconciliation, attitude helps us appreciate that this process is not merely about balancing Indigenous and Western knowledge; it's about integrating them in the spirit of mutual respect and collaboration. This mindset fosters empathy and offers the opportunity for us to cultivate understandings and perspectives that enrich our collective experience.

As members of the Sources community, let's begin to move past the notion that cultural competence is merely about checking off boxes of knowledge. Instead, let's check our attitude, and embrace the opportunities we have to create meaningful and sustained change in the communities in which we live, work and play.

Sources is committed to the journey towards truth and reconciliation. The truth and reconciliation committee welcomes new members.

BY AARON SIKHOSANA

## The First Nations Totem Poles at Stanley Park, Vancouver







## **Looking Ahead**

UPCOMING EVENTS







SOURCESBC.CA/EVENTS/IN-HER-SHOES



6:00 PM - 9:00 PM