

SUMMER ISSUE - JULY 2024

RESOURCES

COMMUNITY NEWS UPDATE



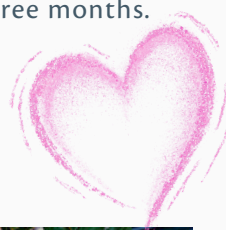
Intermission

A REFLECTION ON OUR MISSION

Happy Summer and welcome to our latest edition of Sources newsletter - Resources Community News Update (Summer Issue).

In the last quarter, BC welcomed over 40,000 new immigrants. This continued trend reflected across our programs as we saw more people coming to us for support with different needs. We are pleased to share that SOURCES now offers a new settlement service for newcomers to Canada. We also have started offering a new employment service for people with disabilities.

These are just a few of the updates from the last three months. Read on to find out more!



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Calling Owners of Hobby Farms and Fruit Trees in South Surrey/White Rock

Sources Community Harvest Program helps harvest produce from backyards or farms in South Surrey/White Rock. Tree owners or farmers can contact us to arrange a date. We will come with a team of vetted volunteers who are trained and covered by our liability insurance. The team brings all the necessary equipment shares the harvest among the donor, volunteers, and Sources Food Banks or other local charities.

For more information, contact foodhub@sourcesbc.ca or 604-596-0973.



Growth From Within

PROGRAM UPDATES



NEW SERVICE FOR ADULTS WITH DISABILITIES

Our Community Inclusion team will now be offering LIFE Services to support CLBC-funded individuals in obtaining meaningful employment. Meet our new LIFE services staff: Kamal Kaur, Assia Anguelova and Dale Villajuan.



REFUGEE AND SETTLEMENT PROGRAM

Sources Volunteer Services Program has started providing settlement support to newcomers in White Rock/South Surrey. Our staff will assist with job search, provide information on government and community resources, organize English Conversation circles and more. Currently the service is offered to the Spanish and Chinese communities. For Chinese support, contact Lily Chan at LChan@SourcesBC.ca. For Spanish support, contact Alejandra Pineda at APineda@SourcesBC.ca.





“We thank Chief Harley and other walkers for joining us as we reflected on the journeys of individuals with lived experiences of homelessness and substance use.”

GEORGE PASSMORE,
EXECUTIVE DIRECTOR



WALK WITH ME

Sources Peer Support Network, along with Tides of Change Community Action team, hosted Walk With Me. Around 20 participants walked the White Rock promenade, listening to recorded stories of individuals who experienced homelessness and substance use. Chief Harley Chapell gave an offering of a drum session, song and prayer. He also shared the story how Semiahmoo First Nations was created and the impact it had on him. Walk with Me underscored the importance of storytelling and the awareness and healing it can bring.

SOURCES NORTH VOLUNTEERS AT CAMP FRIENDSHIP

Sources North staff volunteered at Tsay Keh Dene Camp Friendship. The team assisted with all day activities, swimming, nature walks, games and more. They also donated two boxes of outdoor toys and activities for all the children in the camp.

PRINCE GEORGE PRIDE PICNIC 2024

Our North staff had a Sources booth at the Prince George Pride Picnic 2024. The booth had games, flowers for distribution, LGBTQ+ tattoos and bracelets, as well as a Pride Photo Booth. Being a part of such a wonderful event in our community showed love, acceptance and allyship to our clients and all our friends of the LGBTQ+ community.

CHILD & YOUTH IN CARE WEEK

Sources Youth Services, along with Alexandra Neighbourhood House, hosted a BBQ and other activities for children and youth in Bakerview Park, Surrey.



“Our employer and community partners not only provide jobs but also create opportunities to further empower community members. Their ongoing support is helping us create a brighter future for our clients.”

CHERYL SCARDIFIELD,
MANAGER, EMPOWERED
FOR EMPLOYMENT

Oceanside team and board member Tom Davies at Qualicum Beach Family Day



EMPOWERED FOR EMPLOYMENT

Our Empowered for Employment team celebrated the employment achievements of all participants these past couple of months.

Special thanks to our employment and community partners:

Sources Housing and Advocacy Services

Food Bank/Food Hub

Volunteers Without Borders

Seva Thrift Store Society

Surrey Food Bank

Comfort Keepers

Ace Trades and Technical Institute

Chartwell Retirement Services

Lookout Society

Surrey Hospice Society

Surrey Fire Fighters Charitable Society

Community Thrift Store

Low Entropy Foundation

CodeCore College

Richmond Family Place

MEET KEELY HOGAN – new program coordinator at Crossroads!

She is known for her person-centered approach, critical thinking and calm demeanor. She has been a positive presence at Crossroads as well as other Ladner residences. Keely is also an NCI trainer, a Shop Steward for the Ladner Programs, and member of the Positive Behaviour Support Committee.

Fun fact: she barbeques a mean hotdog!





Health & Wellness

MIND OVER MATTER



HOW TO CARE FOR YOURSELF DURING A HEATWAVE

- Drink plenty of cool fluids
 - Avoid being outside during the hottest part of the day
 - Wear light, loose clothing to let air circulate and heat escape
 - Always wear a hat and apply sunscreen before going outside
 - Cool off your body by taking frequent breaks if you are outdoors
 - Avoid caffeine and alcohol
-
- Watch for symptoms of heat illness
 - Dizziness or fainting
 - Nausea or vomiting
 - Rapid breathing and heartbeat
 - Extreme thirst
 - Changes of behaviour in children

If you are
experiencing heat
exhaustion, call 911.

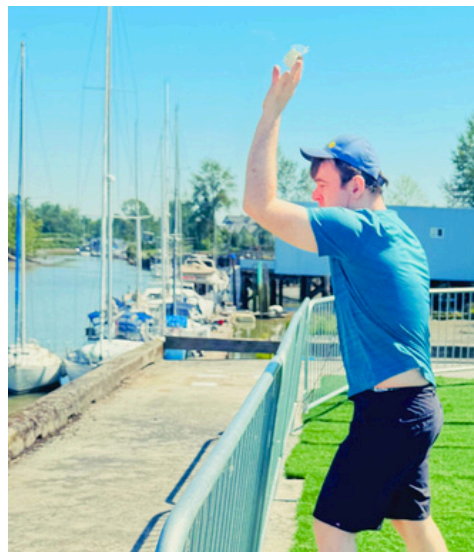
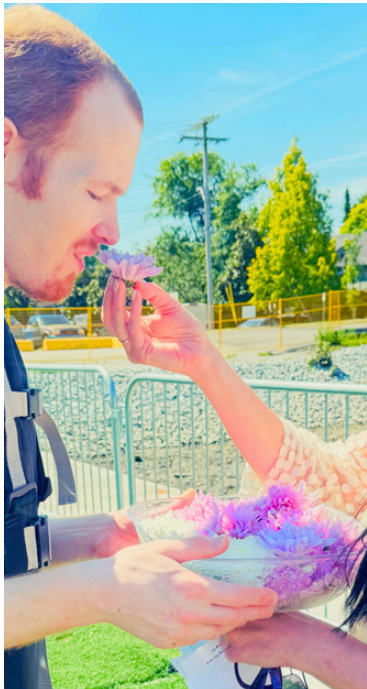




Truth and Reconciliation

OUR JOURNEYS, OUR STORIES

Georgia House staff Raj, Lendsy, Mariana, Evelyn and residents celebrated National Indigenous Peoples Day (NIPD) at the Fraser River. They enjoyed the sensory and tactile flower offerings before sending them down the river.



NIPD events in Cloverdale and Prince George





Looking Ahead

UPCOMING EVENTS

It's a Parade!

Join the SOURCES' team in the

WHITE ROCK TORCHLIGHT PARADE

AUGUST 3, 2024
meet 7:30 PM

Staging area: Marine Dr @ Oxford St

Parade starts at 8:30pm for about 1 hour walking
down Marine Dr to Stayte Rd

Contact Carrie Belanger
cbelanger@sourcesbc.ca / 604-542-5358

Let's Shake, Rattle & Roll

A SOURCES **SOCK HOP**

Co-Presented By
save on foods **Scotiabank**

Save The Date

NOVEMBER 2, 2024
HAZELMERE GOLF & TENNIS CLUB

TICKETS ON SALE AUGUST 12
Trellis.Org/RockAroundTheClock