



sources

COMMUNITY RESOURCE CENTRES

Sources is a community-based non-profit organization that has been providing help, encouragement, and hope for individuals and families in White Rock, Surrey, Delta, Langley, and Prince George for 40 years. We provide services such as food banks, counselling, employment services, and community living programs. At Sources we value respect and collaboration as we are all striving to promote the same mission—social wellness for our community.

KEYWORKER PROGRAM

The **FASD/CDBC Keyworker Program** is designed to support and empower children and youth with or at risk of FASD and their families. The program focuses on providing resources, education, advocacy and coordinated care to address the unique strengths associated with FASD and other Complex Developmental Behavioural Conditions.

Here's a brief overview of what the Keyworker Program may include:

Resource Navigation:

- Helping families and individuals access local, regional, and national services, such as healthcare, education, housing, and financial assistance.
- Providing tailored information about programs specific to FASD-related needs.

Case Management:

- Offering personalized support to coordinate care between healthcare providers, educators, social services, and other professionals.
- Facilitating collaboration among service providers to ensure support for individual and family.

Community Outreach:

- Partnering with local organizations to raise awareness about FASD prevention and support services.
- Building networks of support for families and individuals.

Advocacy:

- Supporting families and individuals with advocating for accommodations and services.
- Assisting with navigating healthcare or government systems.

KEYWORKER PROGRAM



Example questions you can ask your Keyworker:

1. What services are available for individuals with FASD/CDBC?
2. Are there any local support groups for families?
3. Are there any FASD events or workshops in the community?
4. Can you (keyworker) help coordinate between health providers and schools for an individual with FASD/CDBC and their families?
5. Are there resources available to help siblings and/or family members understand FASD?
6. Can you (keyworker) attend a school meetings?
7. Can you (keyworker) spread awareness about FASD to schools, communities, or workplaces?
8. Where to find healthcare providers who do FASD assessments?
9. Are there any local programs for children and youth with FASD/CDBC?
10. Could the Keyworker meet me and my family at home or in the community?

***These questions are examples - you are not limited to only these questions. Feel free to ask any questions or concerns.**

KEYWORKER PROGRAM



Eligibility:

This program provides support to children and youth (0-19) and their families who are navigating FASD, other complex developmental behavioural conditions (CDBC), or related challenges. Services are accessible through professional referrals or self-referrals.

*Please note that Sources Keyworker servicing areas are South Surrey/White Rock (South of 48th Ave)

Contact Information:

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