

ISSUE 6 - SPRING - APRIL 2025

# RESOURCES

## COMMUNITY NEWS UPDATE



## Message From the the President & CEO

Over the past several months, I have had the distinct pleasure of meeting with community stakeholders and supporters from the Lower Mainland, Oceanside, and up North in Prince George and surrounding areas. I have witnessed firsthand the deep connections that SOURCES has with the community, and I am inspired by the unwavering support and shared commitment that fuels our progress. It is clear that SOURCES is a vital community resource, powering positive change through collaboration and engagement.

Whether through conversations with local leaders or during community forums, every encounter has reinforced my belief that “There is no height we can’t reach when we stand upon our principles and mission.”

Your trust and support in my new role energize me to further deepen our partnerships. Together, by working with and through the community, we will continue to create a tremendous impact. I am excited to embark on this journey with you all as we build an even brighter future.



**David MacIntyre MSW, MSM**  
**President & CEO**

SOURCES COMMUNITY RESOURCES SOCIETY  
SOURCES FOUNDATION

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## Strike a Pose for Women's Day



Women's Place



Sources North



Volunteer Services

## Growth From Within

PROGRAM UPDATES



### COMMUNITY ENGAGEMENT FOR NEWCOMERS TO BC

Melani Dominguez, our Spanish Settlement Worker, and Lily Chan, our Chinese Settlement Worker, organized English Conversation Circle sessions to help newcomers enhance their conversational skills. They also led a delightful tour of the White Rock Museum, followed by a scenic walk on the pier. The team also celebrated Women's Day by organizing a Wellness Workshop.

### SOURCES NORTH CONDUCTS FASD TRAINING IN FORT NELSON

Cassandra Baker-Watson, FASD Keyworker, traveled to Fort Nelson to offer two in-person sessions – Navigating Services for Families with Neurodiverse Children and Youth Mental Health Awareness. These sessions aimed at equipping families and youth with valuable knowledge and tools.







## Rotary 5 Club Annual Pancake Breakfast



Executive Director Corina Carroll speaking at the breakfast in support of our food bank



Sources President & CEO David MacIntyre (Right) with Former White Rock Mayor Darryl Walker (center) and long-time supporter and friend of Sources, Adam Smith (President at Uptown Business Machines Inc.)

### NEW PROGRAM FOR TEMPORARY FOREIGN WORKERS

We are now offering CARES - Care, Assistance and Employment Support for temporary foreign workers. We currently have the capability to support Spanish, Hindi and Punjabi speakers. For more information, please write to [Cares@SourcesBC.ca](mailto:Cares@SourcesBC.ca)

#### ✓ KNOW YOUR RIGHTS

Get information on workplace rights, immigration, and legal support.

#### ✓ HEALTHCARE ACCESS

Help with MSP cards, appointments, and medical services.

#### ✓ FINANCIAL SUPPORT

Guidance on taxes, banking, and financial support

#### ✓ ENGLISH CLASSES

Learn essential English for everyday life and work.

#### ✓ EMERGENCY SUPPORT

Access help during crises like job loss or housing issues.

#### ✓ COMMUNITY CONNECTION

Join cultural events and peer groups

#### ✓ COMMUNITY RESOURCES

Spanish-Settlement Navigator

604-262-3655

Punjabi/ Hindi-Settlement Navigator

672-963-9485

### PEER SUPPORT TEAM INCREASES SERVICES AT LOW-BARRIER HUB

We will now be offering three additional services at our low-barrier hub:

- **Community Service Super Clinic** - First Wednesday of the month, 10 AM - 2 PM
- **Monthly Coordinated Care Clinic** – Second Wednesday of the month, 10 AM - 2 PM
- **Art Therapy** with practicum student, Alanna de la Vega – Every Wednesday, 10:30 AM to 12:00 PM

#### Location:

The Church of the Holy Trinity  
15115 Roper Ave  
White Rock, BC

#### To support our hub, please connect:

Leanne Utendale, Manager  
Overdose Prevention & Peer Support  
Email: [lutendale@sourcesbc.ca](mailto:lutendale@sourcesbc.ca)  
Phone: 604-219-8318





In Her Shoes Co-chairs Sara Forte (L) and Courtney Robichaud (R) with sponsor and supporter, Jas Salh of Saje Wealth Management

### IN HER SHOES 2024 SPONSOR APPRECIATION

We had a Sip n' Social event AT Women's Place to recognize the sponsors of last year's charity fashion show IN HER SHOES. We raised over \$120,000 for Sources Women's Place.

[Watch IN HER SHOES 2024 highlights](#)



In Her Shoes Presenting Sponsor, White Rock Optometry



Staff volunteers at David Young's fundraiser

### FORMER PRESIDENT DAVID YOUNG'S DINNER RAISES \$25K

David's retirement dinner helped raise \$25,000 for Sources Imagination Library. Children enrolled in this program receive a free book every month at their home. With David's help we will be able to inspire the love of reading in many more children (aged 0-4 years) in the South Surrey/White Rock area.



Sources executive directors, Corina Carroll and Minakshi Bagai



President & CEO David MacIntyre and former president & CEO, David Young





SOURCES staff and volunteers



Top Fundraiser, Ernie Klassen, with Yasmin de-Joya Pagal and Abby Gemino (Sources events team)



Former CFL player & celebrity fitness trainer as emcee for the evening

### THANK YOU FOR YOUR SUPPORT!

With your support, Sources Foundation's Coldest Night of the Year raised nearly \$240k for food banks, homelessness prevention and youth outreach.

We couldn't have achieved this without our sponsors, donors and volunteers. Thank you everyone and see you next year on Feb 28!

[Click to view highlights of the event.](#)



President & CEO David MacIntyre on his first CNOY walk with family and friends



Valley West Giants u17 (third highest fundraising team) with White Rock Mayor Megan Knight





HOWARD SCHEIN retired as Executive Director of Community Services after 30 years of service. He worked with countless families, parents, and children, deeply committed to improving relationships with respect and thoughtful guidance. We wish him the best for a well-deserved retirement.



Congratulations, Howard and thank you for giving us 30 years.



Congratulations!

JULIE SNOWDEN has been appointed as the new Executive Director of Community Services. She has been with us since 2018 and was recently the Manager of Child Development at Sources Oceanside Centre in Parksville. She was previously with an Infant Development Consultant at Family Resource Association and started her career as a business owner and operator at Julie's House Family Child Care Centre. Congratulations, Julie!

Congratulations, HAILEE BURGART on being promoted to Manager of BASIC North and Independent Living Skills Program!

Congratulations, CARRIE BELANGER, Manager of Food Security Program, on completing 10 years at SOURCES.







## Looking Ahead

### UPCOMING EVENTS AND AWARENESS DAYS



A fashion show in support of Women's Place, brought to you by 

## PLAY TO WIN CASH!

**50/50 RAFFLE DRAW**  
Half the jackpot goes to Sources Women's Place

2 for \$25  
6 for \$50  
20 for \$100



Draw closes April 29, 11:59 PM.  
Winner drawn Apr 30 at Noon.

Players have a 1 in 5,500 chance of winning.  
Know your limit. Play within it. 19+ to Play.  
Gaming Event Licence #1602295  
Problem Gambling Help Line 1-888-795-6111  
GamblingSupportBC.ca



Buy your raffle tickets here:  
**[TRELLIS.ORG/INHERSHOES2025/RAFFLE](https://trellis.org/inher shoes2025/raffle)**



A fashion show in support of Women's Place, brought to you by 

## Our Silent Auction is now LIVE!

FABULOUS ITEMS ON SALE 



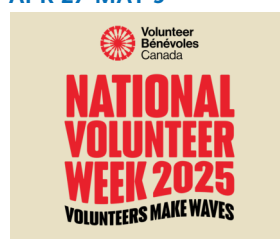
Browse and Bid:  
**[TRELLIS.ORG/INHERSHOES2025/AUCTION](https://trellis.org/inher shoes2025/auktion)**

APR 25



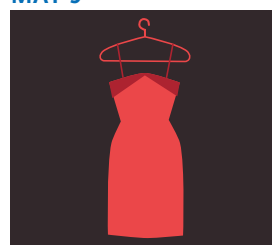
[IN HER SHOES](#)

APR 27-MAY 3



[NATIONAL VOLUNTEER WEEK](#)

MAY 5



[RED DRESS DAY](#)

MAY 5-11



[MENTAL HEALTH WEEK](#)

JUN 19



[SEMAIHMUO ROTARY GOLF TOURNAMENT](#)

If you would like to support our work, you can make a donation to [SourcesFoundation.ca/Give](https://SourcesFoundation.ca/Give).

For more info, contact Janet at [JWelch@SourcesBC.ca](mailto:JWelch@SourcesBC.ca) or call 604.542.7593

