



it's cold out there



ISSUE 10 - SPRING - APRIL 2026

RESOURCES

COMMUNITY NEWS UPDATE



Message From the the President & CEO

Thank you to our donors, supporters and community partners for standing alongside Sources over the past few months.

Because of your generosity, advocacy and belief in our work, we have been able to celebrate meaningful milestones, including a record number of walkers at Coldest Night of the Year, continued progress on Foundry South Surrey–White Rock, the launch of the Sources Northern BC Facebook page to strengthen connection with remote communities, and exceeding our fundraising goal for In Her Shoes.

These achievements are made possible through the combined efforts of our caring staff, dedicated volunteers and the generous community that supports them. Every day, our teams are responding to urgent needs, supporting clients, keeping programs running and building trusted relationships across the communities we serve.

We are deeply grateful for your continued partnership and commitment to creating safety, connection and hope.

David



David MacIntyre MSW, MSM
President & CEO

SOURCES COMMUNITY RESOURCE SOCIETY
SOURCES FOUNDATION

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Growth From Within

PROGRAM UPDATES



Sources Keyworker Shannon Clarke and Tammy Mackey, Assistant Manager FASD program, at the FASD workshop in Fort St. John

ENGLISH CONVERSATION CIRCLE IN LANGLEY

English Conversation Circles for Temporary Foreign Workers are now offered at New Directions English Language School (Federal Building – Lower Level, 20408 Douglas Crescent). Sessions are held every Friday, 6:30–7:30 PM. These sessions provide a safe, welcoming, and inclusive space where participants can practice English, build confidence, and connect with others in the community. For more information contact Jose Ramirez at jramirez@sourcesbc.ca or 778-900-8323.



Community members gathered for Healing Begins in My Backyard, an evening co-sponsored by Tides of Change Community Action Team and the South Rock Social Justice Society. The event featured three short films highlighting the complex realities of substance use, trauma and homelessness, followed by an open dialogue.

NEW FOOD BANK DISTRIBUTION SCHEDULE

Our food bank in White Rock/South Surrey has transitioned to bi-weekly distribution to avoid long wait times and crowded parking areas. The parking lot is now safer with shortened line-ups. Both volunteers and food bank users have embraced the change with positive feedback.



SOURCES

COMMUNITY RESOURCE CENTRES



Sources Northern BC
now on Facebook!



FOLLOW US

<https://www.facebook.com/sourcesnorthernbc>



MID-ISLAND TEAM CONNECTS WITH STUDENTS IN PARKSVILLE

Charlotte White and Kaitlin Clouthier from Mid-Island Sexual Assault Services recently participated in the Grade 10–12 Health Fair at Ballenas Secondary School in Parksville. Through meaningful conversations and resource sharing, they connected with students on important topics around consent, safety and support, helping to ensure youth in the community know where to turn when they need it most.



As the Peace Arch Centre prepares for a refresh, we honour the original donors whose generosity helped transform 882 Maple St. into the first service centre of Sources (then named Peace Arch Community Services).



FUNDRAISER IN MEMORY OF TINA

In memory of Tina Rasmussen, the Oceanside team came together, hosting both a baked potato fundraiser and a pancake breakfast. These gatherings reflected some of Tina’s favourite things, good food and bringing people together, with plenty of bacon on the menu in her honour. The funds raised supported their Coldest Night of the Year walk team, raising over \$4,000. It was a heartfelt tribute that captured Tina’s spirit of community, connection and care.

The Surrey Fire Fighters Charitable Society has contributed \$10,000 to Sources Foundation in support of the development of Foundry South Surrey–White Rock.





One of the many meetings of Foundry's Youth Advisory Council, featuring youth from the community

FOUNDRY SOUTH SURREY–WHITE ROCK PLANNING MOVES FORWARD

Momentum continues to build for Foundry South Surrey–White Rock as planning progresses across multiple fronts. Our advisory tables are actively engaged, including a Youth Advisory Committee of more than 22 participants and a Family Advisory Committee with strong caregiver representation, helping shape the centre's direction. The project team has now engaged the interior designer, architect and general contractor, and is nearing completion of schematic design. Permit submission is anticipated in early summer, with renovations expected to begin in early fall 2026.

ONENESS GOGOS SHARE KINDNESS WITH SERVICE HUB

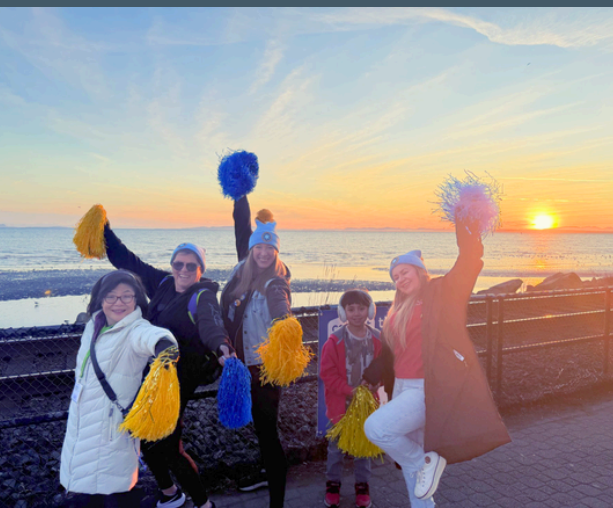
The Oneness Gogos, who raise money for the Grandmothers Campaign with the Stephen Lewis Foundation, chose Sources hub for their annual Random Acts of Kindness initiative. The group visited Maple Street to present gift bags and donate thoughtful items, while learning more about Sources programs supporting people who are unhoused. We are grateful for their generosity and for recognizing the meaningful work of our peers.





THANK YOU FOR YOUR SUPPORT!

With your support, Sources Foundation's Coldest Night of the Year raised nearly \$222k for food banks, homelessness prevention and youth outreach. We also received a \$30K anonymous donation directly, increasing our impact to \$252K!



Frosty Brigade won the Team Spirit staff challenge (Captain - Carrie Belanger, Volunteer Services)



Empowered Walkers (Captain - Minakshi Bagai, Employment, Housing and Advocacy teams) Top Team enjoying their prize - a Pizza Party!



Sources' Top Fundraiser was Brittany Pearce (Team - In Honour of Tina Rasmussen)



Co-chairs Jennine Cook and Sara Forte



Craig Parsons, GM at Audi Langley, and David Macintyre, CEO of Sources



Presenting Sponsor White Rock Optometry

IN HER SHOES RAISES OVER \$160K

With the help of our generous sponsors and donors, we exceeded our goal, raising over \$160K at In Her Shoes 2026 in support of Sources Women's Place. Shout out to all staff and volunteers that made this event a huge success!




OVER \$160,000 RAISED





Truth and Reconciliation

OUR JOURNEYS, OUR STORIES

HONOURING CULTURE, COMMUNITY AND CONNECTION

As part of our ongoing commitment to Truth and Reconciliation, we acknowledge the Kwakwaka'wakw Nation on Vancouver Island and recognize the importance of Indigenous knowledge, culture and artistry in shaping stronger, more inclusive communities.

Reconciliation calls on all of us to move beyond acknowledgement toward meaningful action. This includes creating space for Indigenous voices, learning from lived histories, and supporting opportunities to celebrate and uplift Indigenous art and expression.

At Sources Oceanside, this commitment was reflected in a recent tribute to Tina Rasmussen. We dedicated "The Lovebirds" by Kwakwaka'wakw artist Harold Alfred, a piece that symbolizes love, unity and harmony.

In honouring Tina's legacy of community connection, we also recognize the deeper significance of this work. It serves as a reminder that reconciliation is ongoing, and that small, intentional actions can help build respect, understanding and lasting relationships.

Artists of the Kwakwaka'wakw nation are among the most innovative on the Northwest Coast. Their designs are considered theatrical and dramatic, deeply carved with many bold colours. In this way, the Kwakwaka'wakw art form is among the most distinctive art forms of the Northwest Coast.

[CLICK TO READ MORE.](#)

"The Kwakwaka'wakw believe that animals, rivers, and trees are powerful beings that long ago existed in both the human world and the spirit world. The Kwakwaka'wakw coexisted with these ancestral beings and came to be related to certain animal spirits such as the salmon.

The Kwakwaka'wakw believe that our wealth, which comes from our surroundings, is a result of our connection to the spirit beings. It is through the potlatch—an elaborate gift-giving and feasting ceremony—that we offer thanks to the ancestral spirits for their generosity, share our riches, and celebrate family ties. "



Looking Ahead

UPCOMING EVENTS AND AWARENESS DAYS

FRAFCA INDIGENOUS JOB FAIR 2026
May 1 – 2, 2026 | 11am-3pm | Civic Hotel, Surrey, BC
Meet the HIRING EMPLOYERS:



[FRAFCA'S INDIGENOUS JOB FAIR 2026, MAY 1-2](#)

COME TOGETHER FOR MENTAL HEALTH WEEK.



[MENTAL HEALTH WEEK MAY 4-7](#)



[RED DRESS DAY MAY 5](#)



[PRIDE MONTH JUNE](#)